

St. Tudwal

St. Tudwal was the nephew of St Brioc. Born in Wales, he emigrated with his mother, other family members and a group of Welsh monks to the Léon area of northern Brittany, probably in 532. He settled on land given to him by his cousin Deroc, King of Dumnonia, and founded a monastery at Lan Pabu ('the church of Tugdual'), where he had 72 disciples. In 542 he became a bishop at Tréguier, after travelling to Paris to seek title of his land from King Childebert I. He built a monastery at Tréguier and remained there for the rest of his life. He is famed as a healer. His name is also found around Cardigan Bay in south-west Wales, notably at St Tudwal's Island, where a ruined hermitage is associated with him.

Sources: OrthodoxEngland.org.uk and A Calendar of British Saints: Orthodox Synaxarion.